



Wholistic Journeys healing sessions are founded on the principal that the Divine Creator is a life force that moves through everything. When one is feeling sick or out of balance, it's due to their life force (aura) not being in alignment with the Creator.

At Wholistic Journeys we specialize in helping those that wish to have their life force aligned with the Creator by drawing upon ancient spiritual healing practices of Shamanism, Reiki, Massage, Chi Kung/ Kung Fu, Spiritual Channeling, and Chakra Healing that are practiced throughout all healing cultures on the planet. These healing methods are designed to heal one's physical, emotional, mental, and spiritual bodies.

Benefits from our healing sessions:

- Removal of stress in your life
- Ability to experience greater joy
- Ability to feel and hold peace
- Increase in vitality and life force for the body
- Clarity with ones purpose and direction in life
- The ability to say yes to your life's journey and walk with your Divine Creator
- Higher attunement to nature
- Releasing of one's fears
- Becoming more grounded and focused

